

'perceptions of humanistic coaching

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*Humanistic coaching focuses on promoting athletes' personal growth and
athletic relationships. The purpose of the present study was to investigate the expe-
riences of student-athletes who perceived their coaches as using humanistic
coaching to foster personal development through sport. A collective case study
interviews was employed with 23 student-athletes (Range = 13-18 y
14.5; SDage = 1.75) from three schools. An inductive thematic a-
nalysis supported a theme through academic and personal changes
in building relationships with their coaches as follows:*